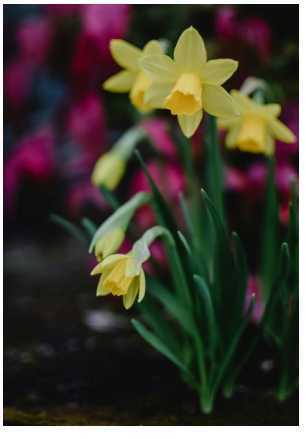
Birchfield CARE HOME

Newsletter

Spring 2024

Issue 53

Welcome to our Newsletter



The flowers are starting to bloom and the skies are beginning to clear, which means it's finally Spring and we can start making the most of the warmer weather! We've enjoyed so many trips out recently, and had great fun with a variety of celebrations. As always, our home has been full of joy and laughter and it's been wonderful to see so many of our family and friends come to visit. We hope your enjoy our newsletter, and please do share it with your loved ones so that we can share our home far and wide!



Gold Award!

We are very pleased to have attained the Gold Award from Recipes 4 Health! This is a healthy eating award, which was presented to us for the nutritious and varied meals we provide for our residents. The certificate is now proudly displayed in our home. We would like to say a big congratulations and thank you to all our staff, especially out fabulous cooks, for all their hard work and dedication!

Spring Chickens



We had some new residents come to stay with us for a few days—these adorable little chicks! We all absolutely loved having them stay and they brought so many happy faces. On our last day with them, we had a wonderful chicken themed day! We had lots of cuddles and strokes, held a 'Chicken Grand National' and took part in a chicken themed quiz and before they left, they even joined the staff meeting!

A Very Happy Birthday

We've had lots of birthday celebrations recently. It's so lovely to be able to celebrate with each and every one of our residents on their special day. Just look at these gorgeous cakes we all got to enjoy together! We hope you all had a wonderful birthday and enjoyed your day celebrating with us.



Out and About

As always, we've been out and about in the local area as much as possible. We've enjoyed plenty of shopping trips and have had some wonderful trips out to local pubs and cafes for a spot of lunch together. We have many more days out planned in the near future—we can't wait!



Easter Fun

We brightened our home for Easter—we love any excuse to get some decorations out and add lots of colour to the place! We thoroughly enjoyed getting into the Easter spirit making some crafts, and had a surprise visit from a very special Easter Bunny. We all enjoyed our cuddles with the bunny and he certainly brought a smile to all our faces!



A Lovely Sing-a-long

We started the year off with some fabulous entertainment! We were visited by Steve Sutton, who sang for us. We had a great time dancing and singing along, it was such a wonderful day spent with family and friends. We were also visited by vocalist, Poppy Holiday, who joined us to help celebrate St Patrick's Day.



Lots to Celebrate

We've had lots of celebrations recently. We started with Chinese New Year, when we sampled some delicious traditional Chinese food. We then enjoyed pancakes for Pancake Day and had a beautiful Valentine's meal together.

We celebrated our strengths for International Women's Day, and each of our ladies received some gorgeous flowers for Mother's Day. We then had a themed lunch together for St Patrick's Day and decorated our home with some fabulous paintings for St George's Day.



Bowling Day Out

We recently had a fun filled trip to the local bowling alley. We love to get competitive and we really enjoyed competing against each other. We finished the trip off with a spot on lunch and a drink. What a lovely day out it was, we can't wait to do it again!



Daily Activity Plan

Dominoes, Tasting Sessions, Afternoon Tea, Bingo, Films and Reminiscence Afternoons and Trips Out.

Board games are available daily for everyone to enjoy including cards, noughts & crosses and a radio in the front seating area.

Our **hairdresser** calls in weekly, so if you fancy a change or a bit of a 'do' we'll be happy to make an appointment for you.

Our regular ***Afternoon Tea*** *is held every other Wednesday*

In-House Entertainment

We are continuing to provide a variety of activities 'in-house' including themed afternoons as well as re-introducing our external entertainers

Reminiscence time in groups and individually

Card Games and Quizzes

Pampering Afternoons

Arts and Crafts

Flower Arranging

Musical Movement and Exercise Sessions

Film Afternoons

Feedback

We welcome your feedback. If you have any suggestions for improvements to the Home or the service we provide, do let us know. Also, please feel free to send in any articles, memoirs or photo's for inclusion in our newsletter.

Birchfield Luxury Residential Care Home
9a—11 Gorse Road, Blackburn, Lancashire, BB2 6LY
Tel: 01254 266020 Fax: 01254 266021
Email: info@birchfieldcarehome.co.uk Web: www.birchfieldcarehome.co.uk