Birchfield CARE HOME

Newsletter

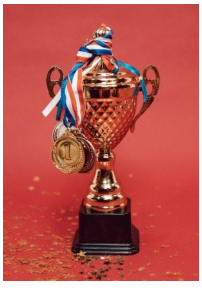
Winter 2023

Issue 48

Welcome to our Newsletter

Welcome to our Winter Newsletter and we hope that the New Year is off to a good start for all our residents, friends, families and staff. What a busy few months we've had! It's so nice to be able to reflect on the fabulous things we've been doing. Christmas was so busy and everyone had an amazing time. We've been enjoying our fundraising events, celebrating lots of birthdays and relaxing with our popular movie nights and sensory afternoons. We hope you enjoy our newsletter and please do share it with your friends and family so that we can share our home far and wide!

Enhanced/Gold Standard Quality Assured!



Following a recent inspection by Blackburn with Darwen Borough Council we are extremely proud to announce that Birchfield have been awarded the Enhanced/Gold Standard Quality Assured rating.

Receiving this rating has only been possible through the hard work and dedication of everybody in our staff team who have made Birchfield one of the best homes in the borough. The team continually push themselves to improve and go above and beyond each day to ensure our lovely residents receive the best care possible within a safe and happy environment that's filled with love and laughter. The owners are very proud and would like to thank the team for everything they do, day in and day out, to make Birchfield such a wonderful home.



Movie Nights

We all enjoy a good movie night, and they're quickly becoming a favourite among our residents. We like to go all out with popcorn and a snack station, along with plenty of hot chocolate!

Advice for Future Generations

Our residents spent some time thinking about the advice they would have liked and that they would pass down to the future generations. We think they all have some wonderful suggestions, here's a few of what they had to say. Other suggestions included 'be yourself', 'enjoy your life', 'be silly' and 'be thankful'.





A Very Merry Christmas

We got ourselves into the Christmas spirit by decorating the tree, wrapping presents and practicing our favourite Christmas songs. Our Elf Day was a huge success, we played Name the Elf and everyone got dressed up raising £47 for the Alzheimer's Society. The lovely children from Avondale Primary School very kindly sent us all some Christmas cards and we had a great time at our Christmas fair, with lots of entertainment and even a visit from Santa himself! It was so nice for us all to be able to celebrate together.

Beautiful Birthday Bakes

We've had so many birthdays to celebrate recently, a favourite for everyone as it means plenty of cake to go around—and they're all made by our very talented cook, Sona! We think they all look fabulous and they tasted even better. We can't wait to see all the cakes we have coming up soon! It was so lovely to be able to celebrate each birthday and we hope you all had a brilliant day!



Children in Need Success

We hosted a fabulous bake sale in November, to help raise money for Children in Need. We hosted raffles and games, had lots of sweet treats and drinks and all enjoyed dressing up and having fun. We raised £49, all of which was donated to the cause.



Sensory Afternoon

Our residents recently had a lovely sensory afternoon, with plenty of lights and relaxation. It looks like a fabulous way to spend a few hours! The bubble tube and glow sticks were a huge hit and we had some calming music playing away in the background.



Respite Care

We know how hard you work to care for your loved ones—we also know that everyone needs a break now and then and this is why we keep a ***dedicated respite room.*** If you, or anyone you know would like to take advantage of this service, please call us on **01254 266020** — we will be pleased to help.



Room Available

We currently have a beautifully decorated and comfortable room available at Birchfield. If you or anyone you know would like to arrange a visit, please call us on 01254 266020

Daily Activity Plan

Dominoes, Tasting Sessions, Afternoon Tea, Bingo, Films and Reminiscence Afternoons as well as any trips in the pipeline.

Board games are available daily for everyone to enjoy including cards, noughts & crosses and a radio in the front seating area.

Our **hairdresser** calls in weekly, so if you fancy a change or a bit of a 'do' we'll be happy to make an appointment for you.

*Our regular **Afternoon Tea** is still being held every other Wednesday for our residents and we look forward to inviting you to join us again as soon as it is safe to do so!*

In-House Entertainment

We are continuing to provide a variety of activities 'in-house' including themed afternoons as well as re-introducing our external entertainers

Reminiscence time in groups and individually

Card Games and Quizzes

Pampering Afternoons

Arts and Crafts

Flower Arranging

Musical Movement and Exercise Sessions

Film Afternoons

Feedback

We welcome your feedback. If you have any suggestions for improvements to the Home or the service we provide, do let us know. Also, please feel free to send in any articles, memoirs or photo's for inclusion in our newsletter.

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