Birchfield CARE HOME

Newsletter

Summer 2021

Issue 42

Welcome to our Newsletter

Well, summer is in full swing and we're all enjoying the sunshine and the return of some of our regular activities that have been missed over the past year.

James, from Senior Fitness, arrived back full of enthusiasm and you can see more about his visit later in this newsletter.

Although the government guidelines have been relaxed, please be assured that we also have our own protocols in place to ensure that we maintain the safety of our residents as much as possible during these uncertain times. COVID is still with us unfortunately, so please bear with us.

Carehome.co.uk Reviews

Thank you to everyone who has recently left a review about us on carehome.co.uk.

Your support and kind words mean a lot to us and it gives us great pleasure to share with you that our review score is a terrific 9.8 out of a maximum of 10!



Room Available

We currently have a beautifully decorated and comfortable room available at Birchfield. If you or anyone you know would like to arrange a visit, please call us on 01254 266020

Follow us on Social Media

Find us on Facebook

Flower Arranging

Our residents love to live in our happy home and enjoy helping to keep it looking smart and welcoming. Here are some of them (along with their completed creations) enjoying a glass of sherry and preparing flower arrangements to be dotted around the home—they did a terrific job!





Celebration Day

Our residents worked hard to create their own hats in preparation for "Celebration Day" on 14th July when we celebrated and raised money for Ocean Revival 2020—a team of Royal Marines who we have been supporting whilst they row from New York to London in order to raise awareness of the 'plastic pandemic' in our oceans.





UEFA Euro 2020

Here are some of our residents preparing for the semi-final—in keeping with this theme, they also decorated some homemade cupcakes to enjoy during the match—they were delicious!

Fitness Friday

Whilst we have definitely been keeping up with our fitness classes over the past difficult year, we were extremely happy to welcome back James, from Senior Fitness, who put us through our paces during a fun filled workout!



Respite Care

We know how hard you work to care for your loved ones—we also know that everyone needs a break now and then and this is why we keep a ***dedicated respite room.***

If you, or anyone you know would like to take advantage of this service, please call us on **01254 266020** — we will be pleased to help in any way that we can.



Sing-alongs & Games

Our staff work hard to take care of our residents but they also spend time with them either chatting, arranging impromptu games or, in this case, a bit of everything. Below are some lovely pictures of our residents enjoying a singing, dancing and games afternoon recently.



Daily Activity Plan

Dominoes, Tasting Sessions, Afternoon Tea, Bingo, Films and Reminiscence Afternoons as well as any trips in the pipeline.

Board games are available daily for everyone to enjoy including cards, noughts & crosses and a radio in the front seating area.

Our **hairdresser** calls in weekly, so if you fancy a change or a bit of a 'do' we'll be happy to make an appointment for you.

*Our regular **Afternoon Tea** is still being held every other Wednesday for our residents and we look forward to inviting you to join us again as soon as it is safe to do so!*

In-House Entertainment

Whilst Covid-19 restrictions are in place we are continuing to provide activities and entertainment 'in-house' and these include:

Reminiscence time in groups and individually

Card Games and Quizzes

Pampering Afternoons

Arts and Crafts

Flower Arranging

Musical Movement and Exercise Sessions

Film Afternoons

Feedback

We welcome your feedback. If you have any suggestions for improvements to the Home or the service we provide, do let us know. Also, please feel free to send in any articles, memoirs or photo's for inclusion in our newsletter.

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